**From Ant To Eagle - Are You Ready To Be A Doctor? - QUIZ**

Dear Students,

I am the author of *From Ant To Eagle,* as well as a pediatrician. If you have just finished reading my book you might be thinking, “Man, what a total downer. Why was that book so depressing?” And you’re right, it is a sad book. But I think it’s also an important message. By reading about Sammy from the perspective of his brother, Cal, it allows you to see what he and his brother are going through. My hope was that this would then allow you to empathize with him, or put yourself in his position.

How did it make you feel? Did you wish that you could help Sammy? Perhaps you’ve thought about one day becoming a doctor so you could help children like Sammy. If so, I’ve created a quiz below to see if you’re ready. It’s super-duper, incredibly hard and if you manage to get even one question right, good job. If you get two, you’re probably a genius. But no matter how well you do, it’s important to know that you don’t have to be a doctor to help someone who isn’t feeling well. Just as Cal helped Sammy feel better by giving him the Levels, you can help others feel better just by showing them you care. Whether it’s a hug or a card, don’t forget to let people know that you care, because the most powerful medicine in the world is kindness.

Dr. Alex Lyttle

1. **In the book *From Ant To Eagle,* Sammy gets cancer. Which of the following is true about a person with cancer?**
2. Their body doesn’t make enough insulin.
3. Their airways get tight when they run and they sometimes need medicine to help them breathe.
4. They have a cell in their body that starts to split and grow into more and more cells that can eventually take over their body.
5. Instead of having feet they have a tail like a fish and live underwater.
6. **True or False:** Most children who get cancer can be cured.
7. **Cal says that before Sammy got sick, the worst thing he’d seen on the playground was a broken arm. What is it called when you break your arm so badly that the bone sticks out of the skin?**
8. A compound fracture
9. A greenstick fracture
10. A bone-through-the-skin fracture
11. Sorry, I can’t answer this question, I just fainted
12. **Sammy has a seizure on the playground. The best thing you can do if you see someone having a seizure is:**
13. Stick something between their teeth so they don’t accidentally bite their tongue
14. Try to wake them up
15. Splash water on their face
16. Move everything around them so they don’t accidentally kick something and call for help
17. **As an allergist, I had to throw this question in: Which of the following is NOT a common allergy?**
18. Peanuts
19. Bees
20. Medicine
21. Water
22. **Sammy gets pneumonia. This means that he had an infection in his:**
23. Heart
24. Brain
25. Lungs
26. Skin
27. **Speaking of cancer, the best way to prevent skin cancer is to:**
28. Eats lots of vegetables
29. Drink lots of water
30. Wear sunscreen
31. Wash your body with strawberry jam instead of soap
32. **In one part of the novel, Cal is worried that Sammy is depressed. When someone is depressed they are feeling very:**
33. Sad
34. Happy
35. Angry
36. Gassy
37. **Here’s an interesting bit of trivia: If someone has epistaxis, this means they:**
38. Have the hiccups
39. Can’t eat gluten
40. Are afraid of the dark
41. Have a nosebleed
42. **What kind of doctor looks after the elderly? (Note: The elderly means ‘old people’, but it’s nicer to call them elderly… or very mature…)**
43. Pediatrician
44. Geriatrician
45. Cardiologist
46. Respirologist